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AXA BetterMe

AXA BetterMe is a holistic wellness platform with a comprehensive suite of programmes and services to elevate your overall physical and mental health and help you achieve all-rounded healthy lifestyle.

You can access the full suite of services through the Emma by AXA app. This app has a full range of tools you need to become stronger and more resilient, and to become a BetterMe!

Know You Can



Scan QR code to find out more



# Services Highlight



## Symptom Checker

You can learn about common health problems, symptoms and help you determine when to seek advice from a doctor.



## AXA Goal

An annual step challenge programme that rewards you for living a healthier lifestyle. Earn up to 20% premium rebate by achieving the pre-set challenge.



## Wellness Offers

Special offers for you! Wellness offers like health food & supplements, lifestyle goods, medical services and parenting products are waiting for you!



## Cosmetic Treatments\*

Build your confidence by having professional beauty treatments at state-of-the-art facilities, at AXA discount.  
Partners: HKSH Medical Group and Pedder Medical Aesthetic Centre



## Wellness Companion

Calculate your health age and complete challenges to earn Fitpoints and redeem exciting rewards or discounts!



## Critical Illness Prevention Services

Through a suite of preventive services, you can discover and rectify potential health problems at an early stage.



## Refractive Surgery\*

Improve your vision at AXA discount! Applicable to various refractive surgery services (such as LASIK, SMILE, LASEK, etc).  
Partners: HKSH Medical Group and Champion Eye & Refractive Surgery Centre



## Mannings Health Collaboration

Up to 4 times of free check-ups at designated Mannings stores. You can also get HKD50 Mannings' gift voucher after first health check-up.



## Maternity Care\*

Welcome your new family member at ease by enjoying an AXA discount for maternity package!  
Partner: HKSH Medical Group



## Fertility Solution\*

To facilitate couples who have difficulty in conception, we offer an AXA discount for In Vitro Fertilisation (IVF) to increase chance of fertility and better plan your future with confidence.  
Partner: HKSH Medical Group



## Mind Charger

Charge your mind and uplift your mood with this handy mindfulness meditation guide. Enjoy audio mindfulness sessions by Hong Kong's renowned yoga instructor, **Ms. Margaret Chung** who will guide you to peace and relaxation.



## AXA Diabetes & Three-Highs Management

Customised professional consultation and advice to help Diabetes & Three-Highs patients to improve their health index.



## Chronic Disease Management Special Programme\*

Eligible participants are entitled to have outpatient medical consultation service and chronic medication for a discounted annual fee.



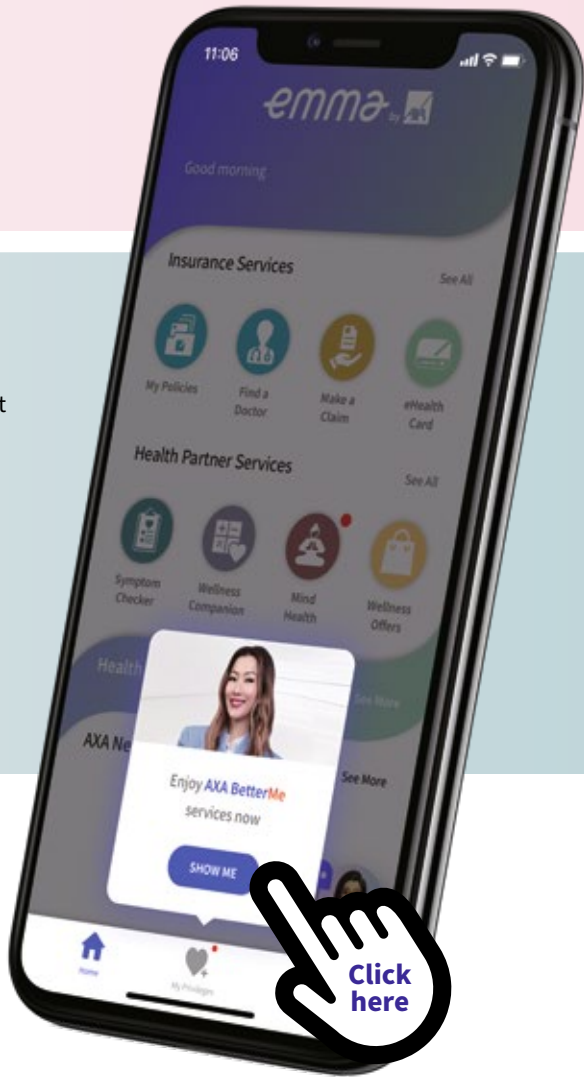
## AXA Nurse Hotline

Our registered nurses are available to provide health information, support case management for critical illness patients, and help to locate specialist doctors in Hong Kong.



## Critical Illness Treatment And Rehab Services

We provide a full suite of support services to assist initial illness patients on their recovery journey. You can select what is most suitable so that you can focus on recovery and be well again.



Remarks: \* This is a paid service to customers

AXA BetterMe is made available to Hong Kong and Macau policy holders of the following plans (applicable to basic plan and rider), Employee Benefits members and dependents:

- |   |  |  |
|---|--|--|
| • CritiPartner Plus Critical Illness Plan | • HealthVital II Major Illness Plan        | • AXA WiseGuard Medical Insurance Plan |
| • CritiPartner Critical Illness Plan      | • HealthSelect II Major Illness Plan       | • MediPartner Health Plan              |
| • MultiPro Plus Critical Illness Plan     | • Global Elite I Health Plan               | • Smart Medicare                       |
| • MultiPro Critical Illness Plan          | • Global Elite II Health Plan              | • Pink Medical Insurance Plan          |
| • HealthElite Critical Illness Insurance  | • AXA WiseGuard Pro Medical Insurance Plan |  |

For details of eligible plans and services covered by different plans, please visit [www.axa.com.hk/en/axa-betterme](http://www.axa.com.hk/en/axa-betterme)

Download Emma by AXA app to experience now!



